

Diving into the Divine Feminine: Victory Circle Agreement

Commitment: This is a journey of Self-discovery, adventure and transformation. Recovery takes a level of commitment to my health. I, _____, agree to “go the distance.”

I am committed to producing the following results: _____

Participation: I agree to attend each Circle on time and not leave early unless an emergency arises. If I have to miss a Circle, I will make it up at a future Circle. ____ **Initial here**

Transformation: I am willing to transform, share some of my victories, listen to the victories of others, and seek to expand my perspective. ____ **Initial here**

Acknowledgement. I agree to acknowledge the victories of others. I commit not to gossip or say anything critical about another group member. It is not my job to judge or “fix” anyone else. ____ **Initial here**

Powerful Practices: I agree to implement the 13 Steps to the best of my ability including the daily affirmations and powerful practices. ____ **Initial here**

Playing Big: I am committed to my most authentic Self-expression. I will play full out. ____ **Initial here**

100% Responsibility. Deep transformational work can be exhilarating, challenging and emotionally triggering. I agree to be responsible for my experiences during this process. That means I will not blame others for any emotional triggering I may feel. If any conflict arises with another group member, I will work to resolve the matter before the next meeting. If it cannot be resolved, I will bring the issue to the circle leader’s attention outside of the meeting and request assistance. ____ **Initial here**

Confidentiality: I agree not to speak-about the sharing of others outside of our group, nor will I reveal anyone’s name or identifying information. ____ **Initial here**

Not Therapy: This is a spiritual journey, NOT a psychotherapy group. As such, it is not intended to diagnose or treat any existing medical or psycho-social issues. Addiction can be life-threatening, and I agree to take full responsibility to care for my health by seeking medical attention when appropriate. ____ **Initial here**

Sharing Time: I agree to keep my sharing within certain time parameters so every person who wants to has an opportunity to share within our meeting time frame. The amount of time will be determined at the beginning of the meeting and a timekeeper will be appointed. Groups will be limited in number for this reason. ____ **Initial here**

Email support: If any questions or concerns arise, Heather agrees to check email once a day during normal business hours at heather@heatherreynolds.com. ____ **Initial here**

Refund Policy: Payment is in full and non-refundable. I am in this for the duration to make it to the finish line – FREEDOM! ____ **Initial here**

By signing below, I indicate that I understand and agree to the above terms.

Dated: _____

Signature: _____